

September 2023 | Medically Fragile Case Management Program |



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Fighting Like A Girl - Amiah's Severe TBI / DAI Survival Story | Facebook

Meet Amiah! Her story can be found more on her Facebook page which is linked above if you'd like to keep up with her and how she is doing. Amiah and her family were involved in a horrific car accident in 2018. Thankfully all the members of her family in the car survived the car accident, but Amiah sustained lifethreatening injuries and developed a Traumatic Brain Injury (TBI) known as Diffuse Axonal Injury (DAI). The shearing of the brain tissue, in conjunction with a pneumothorax in her left lung was the ultimate cause of her respirations to plummet and her heart to stop for about 7 min.

This caused her secondary brain injury, an anoxic/hypoxic brain injury. The oxygen deprivation was global. This second injury was more devastating to Amiah's condition as it magnified the after effects of the first injury by at least 10-fold.

Amiah has overcome so many hurdles and difficulties from this car accident but is making amazing progress at home with the help and love of her family.

"A little after 10:00pm on the night of February 17th, 2018...

Amiah's journey with a severe brain injury began...

This marks 5 years to the day that the Creator had mercy on us and returned our beautiful daughter to us... Every day she brings something new to the day... the good... the bad... and even the tears...

But best of all... she brings the FIGHT ...

Just when we think we're supporting HER journey... cheering HER on... giving HER faith and hope... and doing our best to light the way through the toughest days...

We realize it is AMIAH that is leading so many of US...

SHE is the storm carving the pathway...

SHE is clearing this life's obstacles ... and

SHE is leading us through the wreckage and devastation...

SHE is the rainbow on OUR cloudiest days... and shows us the true meaning of love...

AMIAH NAZMIN

our beloved child of light...

I'm so so so incredibly proud to be your momma!"

To follow Amiah's story and progress please visit her Facebook page

https://www.facebook.com/100696982112440 /posts/pfbid05igoX8hGRF6VabDTWc3QwJ34 HZhCShHAsiKF4Nsb28wPNKRYSKKhvEkBz FS9N5gJI/



Farmington MEd Supplies and Equipment SWAP PARTY

23 Hosted by Rebekah D.

SEPTEMBER SATURDAY 10 AM - 2 PM

804 E. NAVAJO ST. FARMINGTON, NM 87401



COME DOWN TO GRAB ANY ITEMS YOU WOULD LIKE TO TAKE HOME WITH YOU, AND BRING ANY MEDICAL SUPPLIES OR EQUIPMENT YOU NO LONGER NEED FOR ANOTHER FAMILY TO USE!



Meet the Ombud

Join us on zoom - Monday, September 18 at 6:30 PM.

DO YOU HAVE A DISABILITY OR NEED HELP WITH SPECIAL ED?

THE OFFICE OF THE SPECIAL EDUCATION OMBUD CAN HELP!



- We advocate for public school students and their families
- We provide comprehensive support for people navigating the special education system in NM

michelle.tregembo@state.nm.us (505) 841-4565 Developmental Disabilities Council nmddc.org I encourage you to please join us to learn more about how the Ombud can help you navigate the Special Ed departments in public schools.

Satisfacer la Ombud

Únase a nosotros en zoom - lunes 18 de Septiembre a las 18:30.

¿TIENE UNA DISCAPACIDAD O NECESITA AYUDA CON LA EDUCACIÓN ESPECIAL?



Los animo a unirse a nosotros para obtener más información sobre cómo el Ombud puede ayudarlo a navegar por los departamento s de educación especial en las escuelas públicas.



Just a gentle reminder.... please, please stay in touch. Help us, Help you!

A month can be a long time.

<u>Please let your nurse case manager know if anything comes up between your monthly visits.</u>

We especially need to know right away of the following:

- Hospitalization
- ER visits

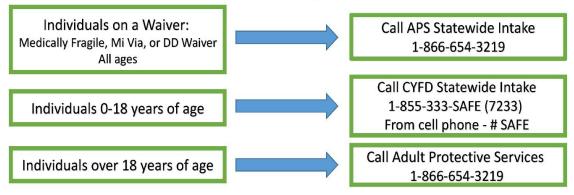
KEEP in touch NCCEPT

In the event of hospitalization and ER visits, we want to be there to support you. Please share with your hospital staff that your loved one is on the Medically Fragile Program. Please share your loved one's nurse case manager's name and number. <u>We want to help make sure you have everything you need at discharge, so it is</u> <u>a safe, smooth transition home.</u>

ATTENTION! PHONE NUMBERS TO REPORT ANE HAVE CHANGED!! PLEASE SEE NEW NUMBERS BELOW!

ABUSE, NEGLECT, EXPLOITATION REPORT IT!

In Case of an Emergency call 911



Lines are open 24/7. You can request to remain anonymous and all information is kept confidential.





Please Join Us on October 17th to learn more about the Family Advisory Board (FAB)!

If you have any questions before the meeting please email Nichole at <u>nrajala@salud.unm.edu</u>

There will be 2 meeting times, you only need to come to 1 meeting.

Click Here to Attend the 10 AM Meeting

Click Here to Attend the 5:30 PM Meeting

Family Program Update!

If you were unable to join us on Zoom for the Family Program Update you can review the overall information that was presented by Program Director Ann Marie.

https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:54953bd2-c456-37ad-8da8-00bc44d70efe







SCT Contact Info:

Main SCT queue	Direct: 505-449-2101	
SCT Fax Line	Direct: 505-340-2916	
SCT Email: specializedcare@hmespecialists.com		

Re-Supply order process:

It is advised that re-supply orders are placed 5-10 days in advance. This will

give the SCT team enough time to resolve any challenges, that could delay delivery.

SCT team member must complete the following with every order:

- Confirm valid script is on file, that meets insurance requirements.
- Confirm current Auth on file. (when necessary)
- Confirm insurance is active.
- Confirm anniversary date and when new order can be dispensed. ***
- Confirm all needed item with member/care giver.
- Confirm no changes to address, phone, insurance, or physician.
- Key order in system and send to vendor for shipping. *Shipping cut off time 3
 PM

***BCBS will not cover orders dispensed prior to anniversary date. Other insurances known to cover up to 5 days early, but not a guarantee. Reviewed on a case-by-case basis.







SCT Contact Info:

Main SCT queue	Direct: 505-449-2101	
SCT Fax Line	Direct: 505-340-2916	
SCT Email: specializedcare@hmespecialists.com		

Afterhours & weekends:

- Dial main number 505-888-6500.
- Select option 9 from auto attendant.
- Provide emergency to afterhours representative.
- Reduced staff available.
- Can replace malfunctioning pump, but No local inventory of formula or most supplies.

• Can process Discharge order but is more challenging and could take longer to complete. *Recommended to provide all weekend discharges to SCT team during week.

Formula substitutions:

- SCT will not make any substitution without written direction from Physician.
- SCT can provide manufacture recommended substitutions to physician for approval.
- New script for formula substitution is required, prior to dispense.
- Once a substitution is provided, it will be the formula used for all re-supply moving forward, unless changed by physician/patient. (RX must be on file)

APS Family and Employee Vaccination Clinics

ALL SCHOOL REQUIRED VACCINES, COVID, RSV AND FLU SHOTS WILL BE AVAILABLE.

GET YOUR FLU SHOT HERE:

Berna Facio

Lincoln Complex

City Center

Berna Facio

City Center

Wednesday, September 27th from 2pm to 6pm Rooms 102 A&B Friday, October 6th from 2pm to 6pm 190B at M-Building Thursday, October 19th from 2pm to 6pm Rio Bonito Tuesday, October 24th from 2pm to 6pm Rooms 112 Thursday, November 2nd from 2pm to 6pm

APS is having a Vaccination Clinic.

- Berna Facio Sept 27th 2 pm 6 pm
- Lincoln Complex October 6th 2 pm 6 pm
- \circ City Center October 19th 2 pm 6 pm
- Berna Facio October 24th 2 pm 6 pm
- City Center November 2nd 2 pm 6 pm

Remember to fill out and bring your consent form to receive your vaccines.

English Consent Form

Formulario de consentimiento en Español

Grant Community School @ SBHC Vaccine Clinic

kitchen area

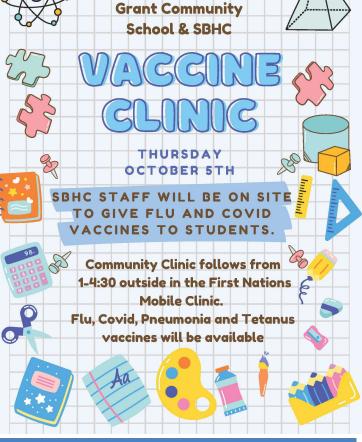
- o Flu
- Covid
- o Pneumonia
- o Tetanus

Staff will be on site to give vaccines to students.

Community Clinic follows from 1 pm – 4:30 pm outside in the First Nations Mobile Clinic.

Flu Vaccination Information English

Información sobre la vacunación contra la gripe en Español





The Human Services Department (HSD) wants to help

Have questions about the Medically Fragile Waiver? Have concerns about Medically Fragile Waiver services? Want to share a success story of services you've received through the Medically Fragile Waiver? Contact HSD's Medically Fragile Waiver team by emailing -

Looking at a transition to Mi Via? Have questions or concerns about Mi Via services? Contact the Mi Via Waiver team at HSD by emailing - <u>MVWaiverHSD@hsd.nm.gov</u>

Having trouble accessing email, but have questions, concerns, success stories to share? ContactDeanna DeHerrera Mi Via & Medically Fragile Waivers Staff Manager Exempt Services & Programs Bureau Monday 7:30-4:30pm, Tues-Fri 7:30am to 4:00pm Cell 505-629-7260







Med Frag Families!

We are monitoring current COVID trends and the need to return to masking, but for now masks will no longer be required by MFCMP staff for face to face visits beginning 7/10/23.

The exceptions are if families request the RN Case Manager to mask, then the RN Case Manager will mask during visits.

Also, if the RN Case Manager prefers to remain masked, they may do so at any time.

Due to our vulnerable population, we will continue to take necessary precautions, up to rescheduling the visit, if concerns for illness exist.

¡Familias Med Frag!

Estamos monitoreando las tendencias actuales de COVID y la necesidad de volver al uso de mascarillas, pero por ahora el personal del MFCMP ya no requerirá mascarillas para las visitas cara a cara a partir del 10/07/23.

Las excepciones son si las familias solicitan que el administrador de casos RN use mascarilla, entonces el administrador de casos RN usará mascarilla durante las visitas.

Además, si el administrador de casos RN prefiere permanecer enmascarado, puede hacerlo en cualquier momento.

Debido a nuestra población vulnerable, continuaremos tomando las precauciones necesarias, hasta reprogramar la visita, si existen preocupaciones de enfermedad.





Maintain Medicaid - <u>https://renew.hsd.nm.gov/</u>

In response to the COVID-19 public health emergency, the federal government did not require people to renew their Medicaid or SNAP.

Due to newfederal laws and guidelines, everyone will now need to renew their Medicaid and SNAP eligibility when they are notified.

How to renew:

Make sure your contact info is correct. The New Mexico Human Services Department will need your current contact information to send your Medicaid renewal packet when it is time for you to renew.

If you do not renew your eligibility, you will lose your Medicaid benefits.

Online tips:

- The fastest way to update contact information is through online chat.
- The fastest way to renew is online by signing in at <u>www.yes.state.nm.us</u>
- If you forgot your username or password, click Forgot User ID or Password and follow the instructions to reset.
- If you have previously signed in to yes.state.nm.us do not click the Create an Account button. This may result in a duplicate account, and you will need to call 1-800-283-4465 to update your account before you can renew online.
- If you do not see a renew button when you sign in at yes.state.nm.us, you will need to call 1-800-283- 4465. Your account may need to be updated before you can renew online.

https://renew.hsd.nm.gov/qas/

Important: If you previously qualified financially for Medicaid, but no longer qualify, or are at risk of losing Medicaid due to a change in financial status, please contact your Medically Fragile RN Case Manager. They can explore options available to maintaining your child's Medicaid.



Weaving Colors is excited to announce Dr. Joshua Allison-Burbank's presentation Part 2!

The Autism Programs at the UNM Center for Development & Disability currently offers presentations for Native American families. The series, "Weaving Colors" will be presented the third Wednesday of each month from 1:00-2:30 pm (MT) in webinar format. Every month, a new topic will be presented to families over the internet using zoom. This free webinar series will offer an opportunity for participants to engage and discuss the topic, as well as connect with other Native families.

The Weaving Colors training series is open to everyone and offers ASL interpretation

Wednesday, September 20th 2023 from 1:00-2:30 pm (MT) Title of Session: Honoring Indigenous Knowledge of Neurodevelopment and Childrearing

Presented by: Dr. Joshua Allison-Burbank, PhD, CCC-SLP

This two-part presentation explores neurodevelopment and child development from an Indigenous lens. Cultural attitudes towards disability will be discussed and methods for improving Indigenous connectedness during interventions will be highlighted.

Part 2: <u>https://reg.abcsignup.com/reg/event_page.aspx?ek=0033-0021-</u> bda425adfc224fa0a48f85562256fedc

To watch the Part 1 recorded presentation, visit our Autism Portal at https://cdd.health.unm.edu/autismportal/native-resources/

If you have questions, please contact our staff at (505) 272-1852 or 1-800-270-1861 or <u>HSC-</u> <u>AutismPrograms@salud.unm.edu</u> ATTN: Weaving Colors





Imagine Autism Workshop Series September 21, 2023: Health & Well-being

This year's virtual series will feature day long workshops focusing on Health & Wellbeing, ABA/Behavior, Adulthood and Mental Health. Sessions are designed for families, educators, providers, community organizations, and individuals with Autism Spectrum Disorder



8:30 to 10:00 am Improving Access to Healthcare for People on the Spectrum

Jayme Swalby, MA, CFPSW Camille Walker MSN, CPNP-PC

Click here to Register!

10:30 am to 12:00 pm

The Pubertal and Menstrual Experiences of Autistic Folx and Supportive Resources



Keely Lundy, M.Ed



Click here to Register:

1:00 – 2:30pm

Understanding Best Practices and Current Limitations for Discharge Planning in the Hospital Setting



Kayla Lopez, MA, BCBA



Felicia Nevarez, MEd





Travis Quintana, MA, BCBA

Click here to Register!

3:00 - 4:30pm

Benefits of Exercise for Individuals with Autism Spectrum Disorder with Panel Discussion



Kayla Lopez, MA, BCBA

Click here to Register!



University of New Mexico Center for Development and Disability Autism Portal - <u>Visit our Website!</u>

UNM Center for Development and Disability | 2300 Menaul Blvd NE, Albuquerque, NM 87107

Unsubscribe hsc-imagine@salud.unm.edu

Update Profile |Constant Contact Data Notice

Sent byhsc-imagine@salud.unm.edupowered by



FINDER New Mexico Disability Resources

Seek. Discover. Connect. Inform.

NM FINDER is a **free** online resource that gives you 24/7 access to the service providers, programs, equipment and community advocates that can improve your quality of life.



NMFinder.org



Supported by UNM Center for Development and Disability



SEPTEMBER 2023



Partners in Policymaking

2023-2024 Sessions

Are you passionate about creating positive change in the area of disabilities? Do you want to become an advocate or leader in the area of disabilities? If you are, then you should consider applying or Partners in Policymaking!



Topics:

- History of Disability
- Inclusive Education
- Supported Living
- Legislative Process
- Community Organization

The mission of the program is to create future leaders and advocates in the area of disabilities in New Mexico. Partners in Policymaking is a nationally-based curriculum that has been replicated in different parts of the country and the world!

Session Dates via-Zoom

- October & November 2023
- January & February 2024
- March & April 2024



To learn more details, please scan the QR Code:







A University Center for Excellence In Developmental Disabilities Education, Research and Service University of New Mexico Center for Development and Disability 2300 Menaul Blvd. NE Albuquergue, NM 87107 Phone: (505) 272-3000 Website: https://hsc.unm.edu/cdd/





Partners in Policymaking

2023-2024 Sessions

¿Te apasiona crear cambios positivos en el área de la discapacidad? ¿Quieres convertirte en un defensor o un líder en el área de las discapacidades? Si este eres tú, considera aplicar a Partners in Policy.



Temas:

- Historia de la Discapacidad
- Educación Inclusiva
- Vivienda Asistida
- Proceso Legislativo
- Organización de la Comunidad

La misión del programa es crear futuros líderes y defensores en el área de discapacidades en Nuevo México. Un currículo de base nacional que se ha replicado en diferentes partes del país y del mundo.

18 Sessiones por Zoom

- Octubre & Noviembre 2023
- Enero & Febrero 2024
- Marzo & Abril 2024

!Traducción en español disponible para todas las sesiones!

Para más detalles escanea el código QR:







A University Center for Excellence In Developmental Disabilities Education, Research and Service University of New Mexico Center for Development and Disability 2300 Menaul Blvd. NE Albuquerque, NM 87107 Phone: (505) 272-3000 Website: https://hsc.unm.edu/cdd/



Open by Appointment!

As of July 1, 2023, the UNM CDD Information Network Library is open <u>by appointment</u>.

EMAIL OR CALL TO BOOK YOUR APPOINTMENT TODAY.



🬈 505.272.0281



INFORMATION NETWORK LIBRARY

Available by appointment, our library is free and open to all New Mexicans. We house the most extensive disability-specific collection of hard copy and e-materials in New Mexico.



OUR LIBRARY RESOURCES & SERVICES INCLUDE

- On-site Services by Appointment
- New Patron Registration
 & Book Check Out
- Research Assistance & Homework Help
- Free Mailing & Return
 Shipping of Materials
- Cloud-based and Cellfriendly eLibrary Catalogues
- Specialized Disability Collections on Topics such as ASD, Deaf/Blind, Dyslexia, Down Syndrome, Early Childhood, Education & Employment, Native Topics, Self-Advocacy, and More!
- Hojas de Consejos en Español

New to the CDD Information Network Library?

We're here for you! We are open to any resident of the state of New Mexico. You can sign up for a library card today. Why get a library card? It's the best way for us to help you access everything we have to offer. Have questions about getting a library card? Contact us today at <u>hsc-infonet@salud.unm.edu</u> or 505.272.0281.







Outside Resources from our Partners



Hero's Path Palliative Care Fall Events

To sign up, scan the QR code or visit herospathpalliativecare.org/familyactivities

Fall Outdoor Equity Education Program

Families with medically complex kids don't always have the opportunity to participate in high-quality education programs (outside of school) designed specifically with their child in mind. In our program, you'll be getting outside and learning as a family while meeting the educational (and nursing) needs of all of your kids (siblings welcome)! Nurses are on site to help provide support for medical and mobility needs.

Dates: Saturday, Sept 16th from 12:30-2pm Saturday, Sept 30th from 2-3:30pm Saturday, Oct 14th from 2-3:30pm Saturday, Oct 28th from 2-3:30pm Saturday, Nov 4th from 2-3:30pm Saturday, Dec 2nd from 2-3:30pm

Fall Family Picnic

It's going to start cooling off so that means...PICNIC TIME! Enjoy the breathtaking landscapes at one of our favorite locations. We will have fun STEAM crafts and a delicious lunch. Please let us know if you have any food restrictions.

<u>September 16 from 11-12:30 Picnic and STEAM crafts will be held at the Open Space Visitor Center</u> at 6500 Coors NW, Albuquerque

Nurses will be present to help with medical and mobility needs. Please RSVP for this family event by September 8th so we can order lunch and schedule with our nurses.

Fall Respite Program at Grace Church

September 30 from 5-8 pm

Nurses, educators, and other volunteers will ensure your child(ren) have fun while you take some time for yourself. Take a night off on us!

Up to Seven families can join. We limit families to reduce the risk of illness. Please RSVP by September 23 so we can schedule enough nurses!



¿Preguntas? Haga clic aquí



SEPTEMBER 2023

Outside Resources from our Partners



STEAM Program for Medically Complex Kids & Their Families

Applications are open for families with medically complex children who want to get outside, learn STEAM skills, and spend quality time together. We only take 6 families at a time. Apps are due Sept 8th, so apply soon!



Register Here: Registrar aquí: https://docs.google.com/forms/d/e/1FAIpQLScAMheUsG3EcNi iedx65wfWvt8SrU5CfV1Sd0IcuCjnoJgI_A/viewform



Hero's Path Palliative Care is Providing an Education Program for

FAMILIES

with Medically Complex Kids

Looking for a high-quality educational program that is designed for your medically complex child?

We are offering a 3 month, STEAM-based educational program for 6 families in the Albuquerque area this fall! We are looking for families whose medically complex child is 6 years or older.

Sign Up here: https://forms.gle/CGeWGwSC6xRbTFtq9

This program is provided to you through partnerships with the following organizations:









What You'll Get... When You Join the Program

Families with medically complex kids don't always have the opportunity to participate in high-quality education programs (outside of school) designed specifically with their child in mind. In our program, you'll be getting outside and learning as a family while meeting the educational needs of all your kids!



Connect with other Families

This program provides a great opportunity for you to connect with families that are similar to yours. We have outdoor meet ups every other week.



Outdoor Learning

From September to November, we'll be adventuring outside and doing fun, hands-on, STEM activities with your family!



Family Nature Activities

With our curriculum, you'll be able to continue learning at home with fun, hands-on, engaging activities.



STEM CURRICULUM FOR FAMILIES

Each family will receive our "Science of Growing" curriculum, designed to help your family learn about plants and our local ecosystem.

Fall 2023 Schedule

- Saturday, Sept 16th from 12:30- 2:00 pm
- Saturday, Sept 30th from 2:00-3:30 pm
- Saturday, Oct 14th from 2:00-3:30 pm
- Saturday, Oct 28th from 2:00-3:30 pm
- Saturday, Nov 4th from 2:00-3:30 pm
- Saturday, Dec 2nd from 2:00-3:30 pm

OTHER COMMUNITY EVENTS:

- Zoo Day, Saturday, Aug 19th, 10:00–12:00 (RSVP– tickets are provided for a limited number of people)
- Family Picnic, Saturday, Sept 16th from 11:00-12:30 (RSVP—Food is provided)
- Parents Night Out... date coming soon!



Want to know what other parents think about learning outside with their kids? Watch our video here: <u>https://youtu.be/d8HmL9pjJll</u>

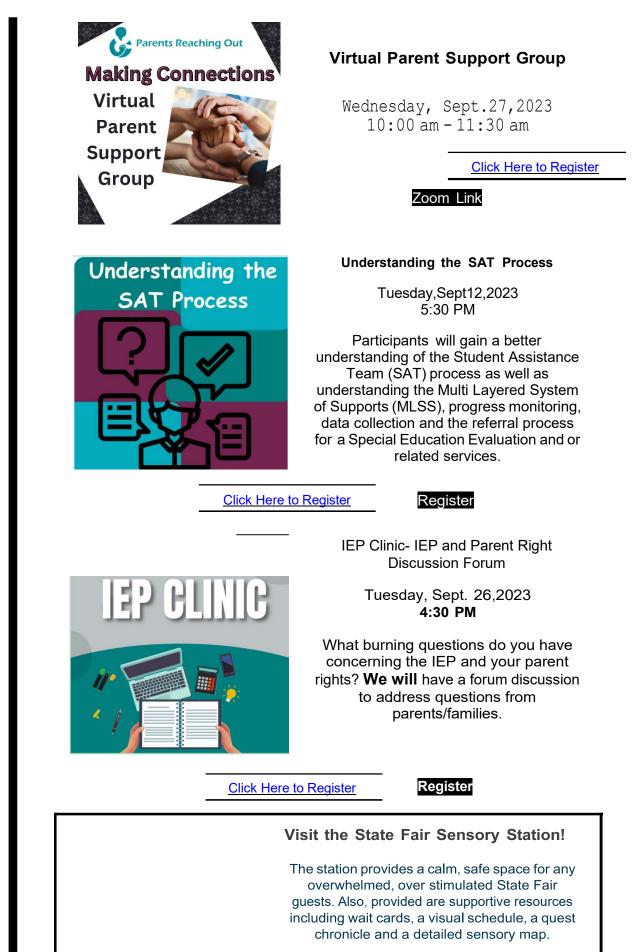
Questions? Contact Theresa Aragon, Biologist & Educator, at t.aragon1303@gmail.com

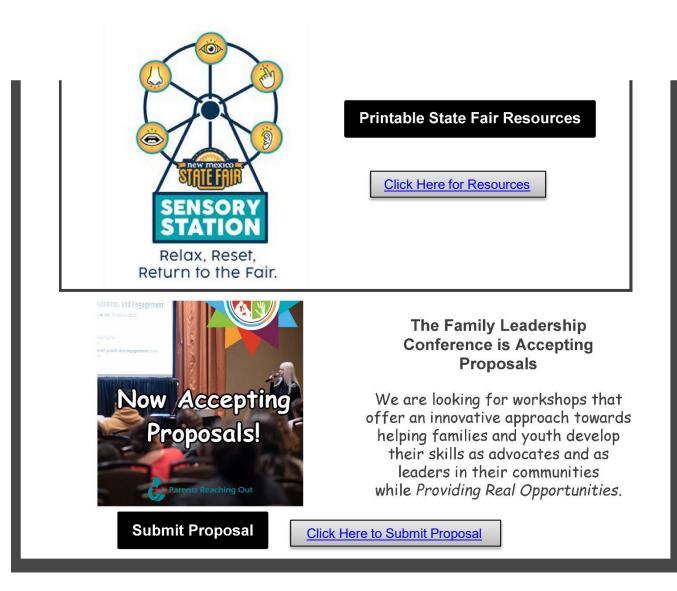


Outside Resources from our Partners



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Parents Reaching Out | 2501 Yale Blvd SE, Suite 200, Albuquerque, NM 87106

